

**Chi Baton Arts In Association**

**With**

**Inner Circle Arts Presents**

# Predator Into Prey

## Ultimate Self-Protection Seminar



An Unique opportunity to learn no frills Self-Protection that can be used anywhere. Grass Root principles that will enhance your ability to protect yourself and your family

### Come and Learn

Threat Awareness, Threat Avoidance, Target Hardening, Verbal De-escalation, FEAR Management, Line-Ups, Body Weapons, Effective Strikes, Vulnerable Points, Attack Termination, Self-Defence and the Law

### Anyone can do it!

These techniques are Foundational Level Combatives and can be learnt by Men or Women regardless of age, or size.

No experience necessary

Self Defence is 90% Education  
Come Train with Us

These Techniques and Principles are rarely taught outside the Professional Security Industry. Places are Strictly limited, so book early to avoid disappointment

**Sunday 21st October  
2012**

**10am - 4pm**

**Morville Village Hall  
Morville  
nr Bridgnorth**

